

# NEK FOOD ACCESS DIRECTORY



Spring-Summer  
'23  
Edition

### 3SquaresVT

3SquaresVT can help you put healthy foods on your table every day! Wondering if you are eligible or want help applying? **Text VFBSNAP to 85511 or call 855-855-6181, or for 60+ only call 800-642-5119.**

### Meals on Wheels Program

Are you age 60 or older? You may be eligible to receive home-delivered meals through the Meals on Wheels program. **Call NEK Council on Aging at 800-642-5119 to register.**

### Senior Meals

Senior Meals sites are open to all. While there is no charge for anyone age 60+, there is a suggested donation which varies by meal site. Guests under age 60 are charged a guest fee. **See Directory listings for locations.**

### VCIL

Vermont Center for Independent Living's (VCIL) Meals on Wheels program provides meals to Vermonters (age 60 and under) that are experiencing serious illness, injury, or disability. This program assures that people who are unable to prepare their own meals and/or have no help with meal preparation get healthy meals. Meals are provided short or long-term depending on need. 1-800-639-1522, or [www.vcil.org](http://www.vcil.org)

### Commodity Supplemental Food Program

If you're 60 or older, you can save money on groceries and still eat the foods you love. The Commodity Supplemental Food Program provides a free box of food each month, which you can pick up at a designated location. **Enroll by calling 1-800-214-4648 or go to [vtfoodbank.org/share-food/csfp](http://vtfoodbank.org/share-food/csfp).**

### WIC (Women, Infants, and Children)

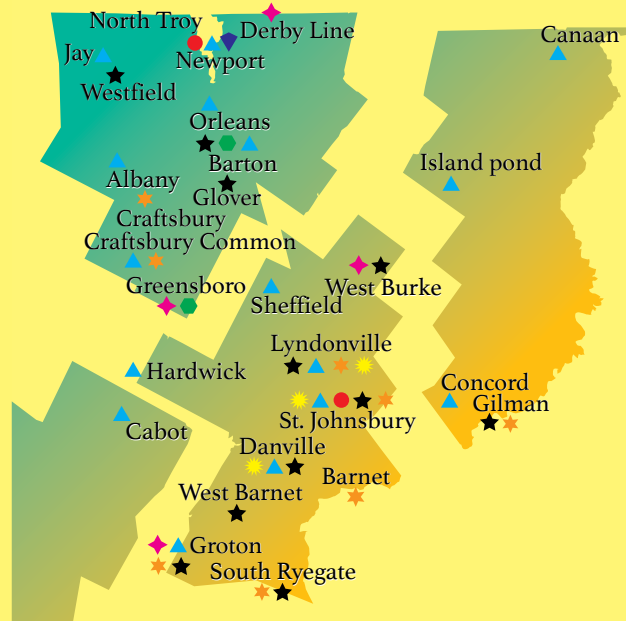
WIC provides healthy foods, nutrition education, breastfeeding support, and referrals for Vermonters who are pregnant, new parents and children up to age 5. Visit [healthvermont.gov/wic](http://healthvermont.gov/wic) to learn more and start your application online. Call the Newport office at 800-952-2945, or the St. Johnsbury office at 800-952-2936.







### Head Start/Early Head Start

Children receive healthy meals and snacks while attending Head Start/Early Head Start programs that provide education-based skills to help children become confident and excited learners. Services are free for all eligible families. For more information, call 802-525-3362.

**Dial 2-1-1 or go to [vermont211.org](http://vermont211.org) for additional resources**

## TRI-COUNTY MAP



-  24/7 Self Pickup
-  Community Garden
-  Community Delivery
-  Community Meals
-  Food Shelf
-  Senior Meals

## CALEDONIA

### BARNET

#### ***West Barnet Meal Site***

West Barnet Presbyterian Church

279 West Main St.

Wednesday & Friday 11:30a.m. - 12:30p.m.

Eat in, delivery or pickup\*

\*Must call to preorder: (802)633-4068

before 9a.m. on the day of pickup,

(802)535-7860 or (603)638-4002 any other time.



### DANVILLE

#### ***Danville Congregational Church***

87 Hill St. (802)684-1151

3rd Monday of the month. 6p.m.

Take-out available. Please call ahead.



#### ***Danville Senior Action Center***

Danville United Methodist Church

89 Park St., (802)684-3389

Tuesday & Thursday lunch

served 11:30a.m. - 12p.m.

Takeout meals picked up at the back door by 11a.m.

Call a day ahead to reserve meals.



#### ***The Open Door***

Danville Ecumenical Community Center

29 Hill St., (802) 684-2515

Mondays, Wednesdays, Fridays, 10 a.m.- 1p.m.



### GROTON

#### ***Groton Food Shelf***

1476 Scott Hwy., (802)584-3276

Appointments scheduled during Town Clerk

Office Hours: Monday- Thursday 8:30a.m.-3p.m.

Call ahead to arrange pickup.



#### ***Groton Free Public Library***

1304 Scott Hwy., (802)584-3358

Little Free Food Pantry in library kitchen.

Wednesday 11a.m. - 5p.m.

Thursday 11a.m. - 4p.m., Friday 2:30p.m. - 7p.m.

Saturday 9:30a.m. - 12p.m.



#### ***Groton Lunches with Friends (GLWF)***

Groton Methodist Church

1397 Scott Hwy., (802)584-3251

Thursdays 12p.m. Congregate open.

Pickup and delivery available.



### HARDWICK

#### ***Hardwick Area Food Pantry***

36 West Church St., (802)472-5940

Monday 12p.m.-2p.m.,

Thursday & Saturday 9a.m.-11a.m.

Delivery available - call or email

(hardwick@hardwickareafoodpantry.org)

to schedule. nourishhardwick.org/pantry



#### ***Hardwick Community Dinner***

United Church of Hardwick

216 South Main St., (802)472-6353

Third and fourth Thursdays.

Call to sign up for takeout.



### LYNDONVILLE

#### ***Darling Inn Senior Meals***

76 Depot St., (802)626-8700

Available Monday-Friday 11a.m. - 12:30p.m.

Call to order meals for pickup.

Congregate open. Home delivery.



#### ***H.O.P.E.***

136 Church St., (802)626-3228

Tuesday - Friday 10a.m. - 5p.m.



#### ***Lyndon Area Emergency Food Shelf***

St. Peters Mission, 51 Elm St.

(802)626-5705 or (802)626-5586

Wednesday 10a.m. - 2p.m.



#### ***Neighbors in Action***

101 Main St., (802)626-1212

Monday 10a.m. - 4p.m.

Community Lunch 2nd & 4th

Fridays, 11a.m.-1p.m.



#### ***SHARES Corporation***

45 Depot St., (802)427-3392

Monday & Tuesday 8a.m. -12p.m.

Wednesday 2p.m. - 5p.m.

Thursday 8a.m.- 2p.m., Friday 8a.m. - 6p.m.

Saturday 9a.m. - 2p.m.



# CALEDONIA

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## SAINT JOHNSBURY

### **Community Fridge at St. Andrew's**

St. Andrew's Episcopal Church Parking Lot  
1265 Main St.



### **Grace United Methodist Church**

36 Central St., (802)748-2895  
Monday, 11a.m. - 12:15p.m.  
Free Community Meal.



### **Kingdom Community Services**

#### **Food Shelf**

36 Steeple Place, (802)751-8581  
Tuesday & Thursday 12p.m. - 3:45p.m.



### **Mustard Seed Soup Kitchen**

178 Eastern Ave., (802)748-9870  
Tuesday & Thursday 11a.m. - 1p.m.  
Dine-in and take-out available.



### **NEKCA St. Johnsbury Marketplace & Boutique**

115 Lincoln St., (855)663-5224  
Monday, Tuesday, Thursday, Friday  
8:30a.m. - 4p.m.  
Wednesday 10a.m. - 4p.m.



### **NEK Neighbors Helping Neighbors Food Shelf**

125 Mountain View Dr.  
Mountain View Apartments, Community Room.  
4th Saturday 10:30a.m. - 12p.m.



### **Pleasant Street Baptist Church**

193 Pleasant St. (802)748-9029  
Stop in before or after 11a.m.  
Sunday Worship Service.



### **St Johnsbury House**

1207 Main St., (802)748-5467  
Monday - Friday 10a.m. - 12p.m.  
Home delivered meals, pick-up/take-out.  
Congregate open.



### **St. John the Evangelist Community Supper**

49 Winter St., (802)467-3019  
Next to last Tuesday of each month, 5p.m.-6p.m.



### **United Community Church**

1325 Main St., (802)748-2603  
Wednesday and Friday 11a.m. - 12:15p.m.  
Congregate meal and take out.



### **Universalist Unitarian Meeting House**

47 Cherry St.  
Saturday 11a.m. - 12:15p.m.  
Eat in or Take-out



## SHEFFIELD

### **Sheffield Food Pantry**

Sheffield Town Hall, 3210 VT Rte 122  
(802)397-2263

2nd Wednesday 11:30a.m. - 2:30p.m.

Open to all living within a 20 mile radius of Sheffield, except for those who have a food shelf in their own town.



## SOUTH RYEGATE

### **South Ryegate Senior Meals**

South Ryegate Presbyterian Church  
114 Church St., (802)584-3727 - after 8:30a.m.  
Tuesday, 12p.m., doors open at 11:30a.m.  
Call by 10:30a.m. for take-out. Available at 12p.m.  
Congregate and home delivery.



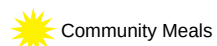
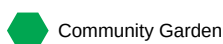
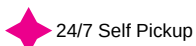
## WEST BURKE

**Little Free Food Pantry** - Sunshine Box  
Universalist/West Burke Library Building  
West Burke Green



### **West Burke Senior Meal Site**

Community Building, 212 School St.,  
(802)467-3423 Call to Order.  
Monday, Wednesday, Friday 12p.m.  
Home delivery, congregare, and  
pickup/take-out meals



# ESSEX

# ORLEANS

## CANAAN

### **NEKCA Canaan**

253 Gale St., (802)266-7134  
 Monday, Thursday, Friday: 8am to 4pm  
 Tuesday: 8am-12pm  
 Wednesday 8am - 6pm



### **Canaan Community Garden (during Harvest Season)**

253 Gale St.  
 (802)266-7134



## CONCORD

### **Sid's Pantry**

Concord Health Center  
 201 East Main St.  
 2nd Saturday, 10a.m. - 12p.m.



## GILMAN

### **Gilman Senior Center**

19 Parrish St., (802)892-1052  
 Tuesday-Friday 11:30a.m. - 1p.m.  
 Eat-in or Take-out.  
 Home deliveries on Tuesdays and Thursdays.



## ISLAND POND

### **Feeding the Kingdom**

Green Mountain Bible Church  
 567 Route 105 West (802)723-6143  
 Food Bank: Third Monday 4:30p.m. - 6:30p.m.



### **Island Pond Community Services**

Sunrise Manor, 94 Main St., (802)723-6130  
 Monday, Tuesday & Friday, 12p.m.  
 Congregate open.



### **Island Pond Food Shelf**

First Congregational Church of Brighton  
 21 Middle St., (802)723-5037  
 Monday-Wednesday 5p.m. - 6:30p.m.  
 Appointment and proof of residence required.



### **NEKCA Island Pond**

49 Mill St., Lower Level (802)723-5276  
 Tuesday 12p.m. - 4p.m., Thursday 8a.m. - 12p.m.



## ALBANY

### **Albany Food Share**

Albany Town Hall  
 830 Main St., (802)323-1521  
 Saturday 2p.m. - 4p.m.  
 Delivery available to Albany and Irasburg  
[nourishhardwick.org/pantry](http://nourishhardwick.org/pantry)



## BARTON

### **Barton Community Giving Garden (during Harvest Season)**

Barton Library Yard, 100 Church St.  
 'Help-Yourself' table Wednesdays 11a.m. - 1p.m.,  
 in front of the library  
 All are welcome to volunteer and harvest



### **Lake Region Parish Food Shelf**

Barton United Church  
 15 Glover Rd.,(802)525-3607  
 Office hours: Wednesday & Friday 9a.m.-12p.m.  
 Call for appointment. Providing emergency  
 food resources in the form of pre-boxed goods and/  
 or grocery cards for the purchase of perishable goods  
 from the local grocer.



### **The Glover & Barton Senior Center**

3018 Glover St., VT Rt. 16, (802)525-1000  
 Monday, Tuesday, Thursday, order by 9a.m.,  
 pickup 10:30a.m. - 2p.m.



## CRAFTSBURY COMMON

### **Craftsbury Food Share**

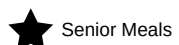
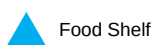
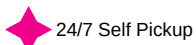
UCC-Church on the Common, 7 Church Lane  
 (802)586-0191  
 Thursday 12p.m. - 3p.m.  
[nourishhardwick.org/pantry](http://nourishhardwick.org/pantry)



## DERBY LINE

### **Derby Line Giving Pantry**

Derby Line Universalist Church, 112 Main St.  
 Food-only donations at this location.



# ORLEANS

## GLOVER

### ***The Glover & Barton Senior Center***

3018 Glover St., VT Rt. 16, (802)525-1000  
Monday, order by 9a.m., pickup 10:30a.m. - 2p.m.  
Tuesday & Thursday congregate meal at noon.



## GREENSBORO

### ***Greensboro Community Giving Garden (during Harvest Season)***

81 Lauredon Ave.  
Call or Text (802)624-0406



### ***Greensboro Little Food Pantry***

Greensboro United Church of Christ  
165 Wilson St., (802)533-2223



## HOLLAND

### ***Holland Food Shelf***

26 School Rd., (802)525-9797  
Every 3rd Wednesday from 10a.m. - 2p.m.



## JAY

### ***Jay Area Community Food Shelf***

1036 Rte. 242, (802)848-3133  
Thursday 9a.m. - 12p.m.  
May be used once per month, or on an emergency basis



## NEWPORT

### ***NEKCA Newport***

70 Main St., (855)663-5224  
Monday, Tuesday, Thursday, Friday  
12p.m. - 3p.m.



### ***Saint Mark's Episcopal Church***

44 Second St., (802)334-7365  
Monday 11:30a.m. - 12:30p.m.



### ***United Church of Newport***

63 Third St., (802)334-6033  
Open Tuesday & Wednesday after the first Thursday from 10a.m. - Noon



# ORLEANS

## ORLEANS

### ***Little Free Food Pantry ~ The Blessing Box***

Orleans Federated Church, 24 School St.  
24-hour access outside church's front door



### ***Orleans Community Food Shelf***

Orleans Federated Church, 24 School St.  
(802)754-6486  
Monday 8:30a.m. - 10a.m.



## WESTFIELD

### ***Westfield Senior Meal Site***

59 North Hill Rd., (802)744-5466  
Thursday, 9:00am - 3:00pm.  
Dinner is served at noon.  
People arrive early to play cards and stay after for bingo. Pickup/takeout or sit-down service.  
Call ahead for pickup, but sit-downs have priority. May pickup for friend/neighbor.

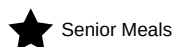
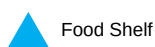
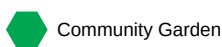
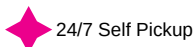


# WASHINGTON

## CABOT

### ***Neighbors in Action***

3339 Main St., (802)563-3322  
2nd and 4th Wednesday of each month  
12p.m. - 2p.m.



**This directory is updated and distributed  
by a wide range of NEK-based  
food access organizations.**

**If you find any errors, please let us know  
by calling (855) 663-5224  
or emailing [bedelman@nekcavt.org](mailto:bedelman@nekcavt.org)**