## VIBRANT ONE (Orleans/No. Essex)

VISION: Orleans and Northern Essex is a vibrant, thriving, safe and inclusive community. We work collaboratively toward our shared vision: building on the strengths of our community; honoring voice and choice; and fostering health and wellness, dignity and respect.

<u>WICKED PROBLEM/OPPORTUNITY STATEMENT #1</u>: We are not providing the right mental health/substance misuse care, at the right place at the right time, every time and too many in our community are getting stuck at the wrong level of care/ wrong care location. This is frustrating, costly, and ineffective.

<u>COMMUNITY ASPIRATION/RESULTS STATEMENT #1:</u> Everyone living in Orleans/No. Essex will have easy access to person-centered and coordinated mental health and substance misuse services that are timely, close to home, at the appropriate level and with the appropriate transition supports for continued success in a person's home community.

### **ROOT CAUSES**

What is holding the wicked problem in place?

(identifying the root causes will help point to strategies to address those root causes)

#### **COMMUNITY ASSETS**

Why isn't the problem worse (what's going well)?

(identifying community assets will help point to strategies to make use of assets)

<u>POPULATION GOAL #1a:</u> By 2025 we will have reduced the number of ED visits/length of stay for MH

<u>POPULATION GOAL #1b:</u> By 2025 we will have reduced the number of ED visits/length of stay for SUD

<u>POPULATION GOAL #1c:</u> By 2025 we will have reduced the number of opioid related deaths

<u>POPULATION GOAL #1d:</u> By 2025 we will have reduced the number of suicide deaths

<u>POPULATION GOAL #1e:</u> By 2025 we will have reduced the number of poor mental health days

#### BACKBONE/DESIGN GROUP ROLE

- Guide Overall Vision and Strategy
- Support Aligned and High-Leverage Activities
  - Establish Shared Measurement Practices
  - Cultivate Inclusive Community Aspiration, Engagement and Ownership
    - Advance Policy
    - Mobilize Resources
    - Provide Strategic Learning Opportunities
- Cultivate Systems Change Leaders

# SOCIAL DETOX ACTION TEAM

Rapid learning through iteration (accelerated process) to build proposal to bring back to Steering Committee IDEAS of POP LEVEL INDICATORS (how will we know we are achieving our aspiration?)

- Fewer ED visits for MH/SUD
- Shorter ED stays for MH/SUD
- More texts to Crisis Text Line
- More local options for "less than crisis-level care"
- Decrease in poor mental days
- Reduced opioid deaths
- Reduced suicide deaths
- More MAT providers
- More MH/SUD providers