

### April 11th Webinar: The Importance of Data Breakout Room Questions Notes Form and Resources St. Johnsbury Breakout

Action 1: The group opted for a five minute break.

Intended Result 1: Attend to physical needs and come back re-focused.

**Action 2: Welcoming** 

### The NEK is a place where we all belong

It is in community that we discover what people care about.

It is in community that we discover an abundance of leaders, people who are willing to step forward to serve.

It is in community that we reweave the frayed relationships, restoring health and possibility.

It is in community that we rediscover that nearly everybody wants to learn, contribute, belong, and work well together.

Berkana Institute

## The NEK is a place where we believe...

- Diversity of thought and experience is a blessing, not a problem
- · Everyone holds a piece of the truth
- Meaningful relationships between individuals and among groups are essential to forward movement
- Movement happens when people and institutions move thoughtfully between reflection and action
- · Process is just as important as content. Results are driven by good process.
- Long-term change happens when leaders are consistently building new leaders
- Positive, equitable and just social change cannot occur without shifting power to those with the most at stake in finding equitable solutions

**Adapted from Facilitating Power** 



If you say something that comes out wrong, that you suddenly realize is kind of crummy, or just sounds different hanging in the air than it did in your head, you say "oops."

If someone else says something that hits you in a way that feels bad, you say "ouch."

If the conversation is moving too fast, you're not following a line of reasoning, you aren't familiar with a concept or an acronym, or you just want to slow down, you say "whoa," and ask for clarification.

Author Annaliese Griffin

## Intended Result 2: Shared norms and tool for navigating conversation established

# Action 3: Introductions and Reflection: Who are you? What is sticking with you from the presentations and discussions about data so far?

- Julie: What you just read What makes community and what doesn't.
- Mandy: People can get stuck in the quantitative when the personal can be so much more inspiring. We are at a point that it's time to take a deep-dive into storytelling. I am inspired by the idea of a <u>Human Library</u> at the Hub.
- Stacy: I am in awe at the public health perspective described so well by Tin. I owe Laural an "oops" from the comment I put in the chat about BIPOC perspectives.
- Diana: I come from the Community Health Worker (CHW) background as a powerful force for equity, and the importance of "nothing about us without us." That is why the <a href="NAMI">NAMI "In Our Own Voice"</a> is so compelling. Data is important at every step: engagement, informing, evaluation, but data can be intimidating.
- Heather: There needs to be a mix of quantitative and qualitative data. Helpful to think of data as a starting point instead of an end-point.
- Meg: Data begins with meeting people and the gems that arise when hearing stories. This helps us think differently about the data.
- Megan: Agree. Expressing and hearing. A holistic approach which informs each other. Different for everyone.
- Amelia: What sticks with me is the conversation about transparency. Where is the data going and what is it being used for? Sometimes it is easier to share the data with another group than it is to share back with the people you gathered the data from.
- Cheryl: I think of how fun assessments can be especially key informant interviews.
- Jen: Assessments are one tool of many. Listening out in community and integrating with other tools.
- Kari: Very intrigued by the idea of photo voice as data for the people by the people.

### Intended Result 3: Relationship building and perspective sharing



### **Action 4: Working through the Assessment Tool**

The group took five minutes on our own to try to work through the assessment prior to discussion.

As we started looking through the assessment questions, beginning with Habit 1 around engagement, the group had more questions than answers.

- This is difficult for this group to answer. Do we mean the large group? Do we mean the different CANs? The CANs are at different places with this. Though several rated NEK Prosper! as a 2 (starting to make progress), particularly around the work going on at the Hub, the discussion centered around whether this group truly could represent the larger community group and CANs.
- Was NEK Prosper! designed as a community engagement engine? Several participants wondered whether this was an **inflection point for NEK Prosper!** If so, this should be acknowledged and called out in the large group and the CANs.
- Meg described the original work of NEK Prosper! As being much more intentional about engaging community (focus groups, intercept interviews, etc.) but both COVID and other personnel transitions have impacted this part of the work.
- There was not enough comfort moving ahead with the assessment tool in this way, with this group, at this time.
- Kari will send out an electronic version of this tool for the large group and CANs to complete and then the results to review.

Intended Result 4: Evaluation of ability to complete this tool