Using a Housing First model, FIRST Home provides a supportive, safe living environment opportunity where sobriety is maintained and skills to obtain permanent housing are achieved.

FIRST Home serves up to four women (minimum age 18) and provides a shared living, peer-supported environment where the focus on recovery for mothers is the primary goal.

FIRST Home is participant-centered and driven by the residents. Each resident will create a family-centered success plan to support their recovery and gain the skills needed for their new life as a family in recovery.

FIRST Home residents identify a community partner to be their recovery champion and work to develop a circle of support.

The length of stay may be up to two years, during which time residents will receive referrals and assistance with their search for housing as part of their service plan.

FIRST Home participants will engage a plan that is defined by them, right for them, and will help get them to their own goal of recovery.

For more information, please contact: Becca Lewis, rlewis@nekcavt.org